

Bedwetting: 4 Truths

Every Parent
Must Know

TRUTH
#1

Some children don't
outgrow bedwetting.

70% Odds a bedwetting 9-year-old will
wet the bed at 19 ^[1]

840,000 # of U.S. tweens/teens who
wet the bed ^[2]

32% of bedwetting teens/tweens who
also have daytime accidents ^[3]

Bedwetting is less likely to resolve
spontaneously if a child:

- wets the bed nightly
- also has daytime pee or poop accidents



Bedwetting is
NOT caused by:

~~Deep sleep~~
~~Stress or laziness~~
~~Underdeveloped bladder~~
~~Urine overproduction~~

TRUTH
#2

Bedwetting is caused by
chronic constipation.

Poop piles up and stretches the rectum, which presses
against and aggravates the bladder. X-rays prove it. When
constipation resolves and the rectum shrinks back to size,
research shows, bedwetting stops. ^[4]

TRUTH
#3

Bedwetting should be
treated around age 4.

Waiting until age 7 does not serve the child. The longer the
rectum remains clogged and stretched, the more difficult the fix.

TRUTH
#4

Enemas work far better
than alarms or medication.

Medication has a dismal success rate and, like an alarm, does
nothing to resolve the root cause: constipation. A regimen of
enemas + laxatives will resolve bedwetting for good.

Take action today! Learn more at
BedwettingAndAccidents.com

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[1] <http://onlinelibrary.wiley.com/doi/10.1111/j.1464-410X.2006.06074.x/full>

[2] <http://www.actforyouth.net/adolescence/demographics/>

[3] <http://onlinelibrary.wiley.com/doi/10.1111/j.1464-410X.2006.06074.x/full>

[4] <https://www.bedwettingandaccidents.com/research>